

SCULPTRA & RADIESSE

Biostimulators

Confirm your product before starting home care. Follow your injector's additional instructions for the treated area.

Follow your provider's personal instructions if they differ from this guide.

01 USE THE CORRECT MASSAGE PLAN

- Sculptra: massage for 5 minutes, 5 times daily, for 5 days, using your injector's technique and recommended moisturizer.
- Radiesse: do not use the Sculptra routine. Massage only if specifically instructed. If unsure which product you received, call before massaging.

02 THE FIRST DAY

- Swelling, bruising and tenderness can occur. Use a cloth-wrapped cool pack briefly if recommended; avoid direct ice and firm pressure.
- Minimize strenuous activity, excessive sun and heat for 24 hours, or longer if instructed. Ask about makeup and pain relief; do not stop prescribed medicines yourself.

03 FOLLOW YOUR RECOVERY

- Early fullness changes as swelling settles. Collagen-related changes develop gradually; timing differs between products and people.
- Keep your review. Report persistent or visible nodules, especially red or tender ones, or delayed swelling. Do not treat lumps yourself.

WHEN TO GET HELP

Call 911 for new vision changes, stroke symptoms, breathing difficulty or tongue or throat swelling.

Call 801-281-3223 immediately for unusual or increasing pain or pale, blue or mottled skin. Do not add massage. If help is unavailable promptly, go to the emergency department.

Contact us promptly for fever, spreading redness, warmth, drainage or open sores.

QUESTIONS? CALL YOUR TREATMENT LOCATION.

Murray (801) 675-8954

Riverton (385) 209-1072