

SKIN SMOOTHING

Dermaplane Facial

Protect sensitive skin from friction, heat, sun, and irritating products. Follow your provider's personalized instructions.

Follow your provider's personal instructions if they differ from this guide.

01 FIRST DAY

- Do not wear makeup on treatment day. Use clean hands, gentle cleansing, and your recommended moisturizer. Avoid scrubbing or rubbing when drying.
- Avoid heavy workouts, steam, saunas, and excessive heat for 12-24 hours. Mild windburn-like sensitivity may last a few days. Stop products causing persistent burning.

02 FOR THE NEXT WEEK

- Avoid manual and chemical exfoliation for 1 week: scrubs, retinol, benzoyl peroxide, astringents, and lactic, salicylic, or glycolic acid.
- Avoid irritating alcohol, fragrance, and colorants. Do not shave or scrape irritated skin. Ask before restarting prescription products or another exfoliating procedure.
- When makeup resumes, use clean brushes and fresh sponges. Your provider may recommend mineral makeup; discontinue anything that irritates your skin.

03 PROTECT AND PREPARE

- Avoid direct sun for 1 week. Use broad-spectrum SPF 30+ as directed, shade, and protective clothing. Reapply outdoors according to the label.
- Before your next appointment, pause the listed exfoliating products for 3-5 days, following your provider's instructions.

WHEN TO GET HELP

Call Beauty Lab + Laser for a cut not healing, increasing pain, blisters, spreading redness, drainage, fever, or persistent irritation. Seek urgent care for severe symptoms or if the clinic is unavailable.

Call 911 for trouble breathing, throat or tongue swelling, or collapse.

QUESTIONS? CALL YOUR TREATMENT LOCATION.

Murray (801) 675-8954

Riverton (385) 209-1072