

KYBELLA: UNDER THE CHIN

Fat Dissolving

These notes address Kybella under the chin. Ask for specific instructions if another product or area was treated.

Follow your provider's personal instructions if they differ from this guide.

01 MANAGE DISCOMFORT

- Swelling, bruising, tenderness, numbness and firmness can occur. Swelling may peak over 24-48 hours; some effects last longer.
- If recommended, use a cloth-wrapped cool pack for 5 minutes, then rest 5 minutes. Avoid direct ice and pressure. Ask about pain relief; do not stop prescribed medicines yourself.

02 PROTECT AND OBSERVE

- Keep injection points clean. Do not rub, squeeze or try to break down lumps.
- Ask about makeup, exercise or compression garments. Worsening pain, skin breakdown or increasing redness needs assessment.

03 PLAN YOUR REVIEW

- Changes develop over weeks. Attend your recommended review, often around 4-6 weeks; further treatment depends on recovery and assessment.
- Report persistent or growing lumps; some need medical treatment. The amount of swelling does not measure your result.

WHEN TO GET HELP

Call 911 for breathing difficulty, inability to swallow saliva, rapidly expanding throat swelling or a severe allergic reaction.

Call 801-281-3223 immediately for a new uneven smile, facial weakness, swallowing difficulty, severe pain or concerning skin color change.

Contact us promptly for fever, spreading redness, open sores or drainage. If symptoms are severe or help is unavailable promptly, seek urgent medical care.

QUESTIONS? CALL YOUR TREATMENT LOCATION.

Murray (801) 675-8954

Riverton (385) 209-1072