

BEAUTY LAB LASER

Full Feel The Peel

After Your Treatment

- Do not pick or scrub at the skin. This will lead to pigmentation irregularities and scarring
- Do not use active topical products like retinols, AHA's/ BHA's for 1 week, or until your skin is fully healed
- Do not use any manual exfoliants (scrubs, wash clothes, cleansing devices, etc.) for 1 week, or until your skin is fully healed
- Avoid strenuous exercise, sweating, and heat for 2-3 days after your treatment
- Avoid direct sun exposure, including tanning beds, 4 weeks after your treatment
- Always wear an SPF 30+ and reapply every 2 hours

Not following the above may result in pigmentation irregularities and/or scarring

Expected Healing Process

- Day of treatment: mild to moderate redness, heat sensation and some sensitivity. Slight swelling is a possibility
- Day 1-2: mild to moderate redness. Skin may begin to feel tight and dry. You may begin to see temporary darkening and or/crusting of pigmentation
- Day 3+: mild to moderate flaking and/or sheet peeling. This should subside by day 6

Depending on the peel performed and the health of the skin, it can be normal to not see visible peeling