

BEAUTY LAB LASER

IPL Post Care

After Your Treatment

- Avoid applying makeup to the treated area for 24–48 hours
- Refrain from strenuous exercise, excessive sweating, and exposure to heat for the next 24-48 hours post-treatment
- Do not pick, scrub, or exfoliate the treated area or any darkened spots
- Avoid using active skincare products, such as retinols, AHAs, or BHAs, for one week or until your skin has fully healed
- Stay away from direct sun exposure, including tanning beds, for four weeks following your treatment
- Always wear a broad-spectrum SPF 30+ and reapply every two hours

Not following the above may result in pigmentation irregularities and/or scarring

Expected Healing Response

It is normal to experience a mild sunburn-like sensation, which may last up to three days. This may be accompanied by mild redness and/or swelling, which typically subsides within 2–3 days. To alleviate discomfort, apply ice packs to the treated area for 10–15 minutes each hour as needed. Over the next 24–48 hours, the treated lesions will gradually darken. Avoid picking or pulling at these darkened areas to prevent potential scarring