

# BEAUTY LAB LASER

**Zero Fuzz Given**

## **Laser Hair Removal Post-Care**

- Avoid excessive heat (e.g., hot tubs, saunas, hot yoga) for 24 hours following your treatment
- Keep the treated area clean and avoid heavy sweating, strenuous exercise, tight clothing, fragranced products, deodorant, makeup, retinoids, exfoliating acids, or harsh skincare on the treated area for 24–48 hours.
- Avoid direct sun exposure for 2 weeks after your treatment. Always apply SPF 45+ when outdoors
- If you are prone to ingrown hairs, you may gently exfoliate the area 12–24 hours after your treatment
- Redness and bumps in the treated area are common and may persist for 24–48 hours. Applying ice packs or aloe vera gel can help soothe any irritation
- Contact Beauty Lab + Laser if you notice blistering, burns, increasing pain, swelling that worsens after 48 hours, spreading redness, or any skin changes that concern you.

### **The Lab Loves You**

We guarantee 100% customer satisfaction. Call or text us, email [info@beautylablaser.com](mailto:info@beautylablaser.com), or reach out on [IG@beauty.lab.laser](https://www.instagram.com/beauty.lab.laser). All the Best! No BS!