

BEAUTY LAB LASER

Mega Feel The Peel Post Care Instructions

Immediately After Treatment

- Leave the peel solution on your skin for the amount of time instructed (typically 6 hours)
- Do not wash, touch, rub, or pick at your skin during this time
- Cleanse gently with a mild cleanser
- Apply the provided moisturizer as needed to reduce dryness and tightness
- Use the provided towelettes exactly as instructed
- Wear a broad-spectrum SPF 30+ (preferably SPF 50) every morning and reapply throughout the day
- Keep your skin moisturized throughout the healing process

While Your Skin is Peeling

- Do NOT pick, peel, scrub, or pull loose skin. Allow peeling to occur naturally to avoid scarring or pigmentation changes
- Avoid exfoliants, retinoids, acids, vitamin C serums, benzoyl peroxide, and other active ingredients until your provider says it is safe
- Avoid waxing, threading, dermaplaning, facials, laser treatments, and other exfoliating procedures until healed
- Avoid prolonged sun exposure and wear a hat whenever possible
- Avoid excessive heat, hot tubs, steam rooms, and strenuous exercise if your skin feels irritated
- Mineral makeup may typically be worn after 24 hours if needed, provided the skin is intact and not excessively irritated
- Avoid heavy makeup while active peeling is occurring whenever possible

Normal side effects include: Tightness, Redness, Dryness, Flaking and peeling, Mild itching, Temporary darkening of pigmentation before it lifts