

SKIN RENEWAL

Microneedling

Follow these conventional microneedling instructions, including product directions for Mega Microneedling.

Follow your provider's personal instructions if they differ from this guide.

01 FIRST HOURS AND DAYS

- Mega Microneedling with PDGF: do not wash your face or apply products for at least 6 hours unless instructed otherwise. Follow your specific product directions.
- Avoid makeup for 24-48 hours. Keep hands clean; do not pick, scratch, or rub skin. Begin gentle cleansing only when your provider says to start.
- Avoid strenuous exercise, hot showers, saunas, and other heat-producing activities for 72 hours.

02 KEEP PRODUCTS GENTLE

- Avoid alpha hydroxy acids (AHAs), beta hydroxy acids (BHAs), retinol, scrubs, and other exfoliants for 1 week. Do not add active serums unless directed.
- Pinkness, redness, mild sunburn-like discomfort, tenderness, swelling, dryness, or flaking commonly settle over 2-3 days. Wait longer to restart irritating products if skin remains sensitive.

03 PROTECT FROM SUN

- Avoid direct sun for 2 weeks. Use shade and protective clothing immediately. Apply broad-spectrum SPF 30+ when your provider allows products; reapply outdoors as labeled.
- Ask before another procedure; follow individualized instructions. Stop products that cause persistent burning.

WHEN TO GET HELP

Call Beauty Lab + Laser for worsening pain, spreading redness, drainage, fever, blisters, or a new cold sore. Seek urgent care for severe symptoms or if the clinic is unavailable.

Call 911 for trouble breathing, throat or tongue swelling, or collapse.

QUESTIONS? CALL YOUR TREATMENT LOCATION.

Murray (801) 675-8954

Riverton (385) 209-1072