

GENTLE PEEL CARE

Good to Glow / Mini Feel the Peel

Give skin a gentle recovery period. Follow your provider's personalized instructions.

Follow your provider's personal instructions if they differ from this guide.

01 LET SKIN SETTLE

- Use your recommended gentle cleanser and moisturizer. Wash without scrubbing, pat dry, and keep hands clean before applying products.
- Do not pick, scratch, or pull dry skin. Little or no visible peeling can occur; flaking does not measure results. Do not add an at-home peel.

02 PAUSE IRRITATING PRODUCTS

- Avoid manual exfoliation, scrubs, cleansing brushes, and other exfoliating treatments for 1 week.
- Avoid alpha hydroxy acids (AHAs), beta hydroxy acids (BHAs), and retinol for 5 days. Wait longer if irritation remains; ask before restarting prescription skincare.
- Check with your provider about makeup and products outside your care plan. Stop anything that causes persistent burning; do not push through discomfort.

03 PROTECT FOR 1 WEEK

- Avoid direct sun for 1 week. Use broad-spectrum SPF 30+ as directed, shade, and protective clothing. Reapply outdoors according to the sunscreen label.
- Ask when to book another peel, facial, or hair-removal procedure. Report redness or sensitivity that persists.

WHEN TO GET HELP

Call Beauty Lab + Laser for burning, increasing swelling, blisters, worsening pain, spreading redness, drainage, or fever. Seek urgent care for severe symptoms or if the clinic is unavailable.

Call 911 for trouble breathing, throat or tongue swelling, or collapse.

QUESTIONS? CALL YOUR TREATMENT LOCATION.

Murray (801) 675-8954

Riverton (385) 209-1072